



**His Holiness the 14th Dalai Lama's 86th Birthday Ceremony
at the Tibet Institute Rikon (Rikon Gonpa) on 06th July 2021
(under special arrangement during the ongoing Coronavirus crisis and
to be attended only by the invited dignitaries)**

Time	Program
09.45	Gathering Time in the Prayer Hall
09.50	Welcome Speech by Mrs. Karma Choekyi, President, Tibetan Community
09.55	“Mandala Offering” to His Holiness the 14 th Dalai Lama for His long life by the main Guests and the President & Vice President of TCSL, followed by the long life prayer for His Holiness the Dalai Lama by the monks of Tibet Institute Rikon
10.05	Tea and Sweet-Rice Offering (Soeja-Dresil), followed by Dedication Prayer by the Abbot Ven. Thupten Legmen of Tibet Institute Rikon
10.55	Word of Greeting by Dr. Karma Dolma Lobsang, President, Tibet Institute Rikon
11.00	Speech by Mr. Chhimey Rigzen, Representative of H.H. the Dalai Lama & CTA
11:10	Gathering on the front yard of the Tibet Institute Rikon
11:15	Incense burning ceremony (Sangsol) led by the Abbot Ven. Thupten Legmen and the monks of Tibet Institute Rikon
11.30	Tibetan National Anthem and Minute of Silence in memory and dedication for those who have sacrificed their life for the Tibetan cause
11.45	“Lhagyel” Ceremony to conclude His Holiness's 86 th Birthday Celebration